

NORWICH SMALL BOATS HEAD **AND** **THE NORFOLK SCULLS**

River Yare, Norwich. Organised by Norwich Rowing Club

Saturday 29th October 2022

Held Under British Rowing Rules of Rowing & Racing and RowSafe

DIVISION 1 **10.00am Start**

OPEN: 4x, 2x
WOMEN: 4+, 4-, 2-, 1x
MIXED: 4x
MAS: 4+, 4-, 2-, 1x
WMAS: 4x, 2x
MAS MIX: 4+, 4-, 2x
J18, J17, J16: 4+, 4-, 2-, 1x
WJ18, WJ17, WJ16: 4x, 2x

DIVISION 2 **12.30pm Start**

JUNIORS, SENIORS
AND MASTERS

ALL BOAT CLASSES

DIVISION 3 **2.45pm Start**

OPEN: 4+, 4-, 2-, 1x
WOMEN: 4x, 2x
MIXED: 4+, 4-, 2x
MAS: 4x, 2x
WMAS: 4+, 4-, 2-, 1x
MAS MIX: 4x
J18, J17, J16: 4x, 2x
WJ18, WJ17, WJ16: 4+, 4-, 2-, 1x

DIVISION 1 – 5000m Bramerton to ‘The Cut’

DIVISION 2 – 3000m Postwick Flyover to ‘The Cut’

(In the event of adverse weather/river conditions this course may be shortened to 2200m)

DIVISION 3 – 5000m Bramerton to ‘The Cut’

Entries and payments by BROE, £12 per seat

A prize will be awarded to a winning crew for an event with at least 3 competing entries. The committee reserves the right to move competitors up a category if entries in one are insufficient.

Masters Handicaps will be applied as per British Rowing rules.

Norfolk Sculls Shield will be awarded to the fastest single sculler on the long course throughout the day

Entries close 6pm on Saturday 22nd October

The draw will take place at 6.30pm on 23rd October at Whitlingham Boathouse

For all enquiries please contact Sarah Lister (Event Secretary)

Tel: 07881 911800 Email: nrcentries@gmail.com

www.norwichrowingclub.com