

NORWICH HEAD OF THE RIVER

River Yare, Norwich. Organised by Norwich Rowing Club.

www.norwichrowingclub.com

**SATURDAY 22ND FEBRUARY
2025**

DISTANCES 1900M & 5000M

**Entries close
6pm
Saturday 15th February**

Held Under British Rowing Rules of
Rowing & Racing and RowSafe.



Racing Divisions

DIVISION 1

5000m

10.15am Start

OPEN: 8+, 4x, 2x

WOMEN: 4+, 4-, 2-, 1x

MIXED: 8+, 4x

MAS: 4+, 4-, 2-, 1x

WMAS: 8+, 4x, 2x

MAS MIX: 4+, 4-, 2x

JUNIOR: 4+, 4-, 2-, 1x

W JUNIOR: 8+, 4x, 2x

DIVISION 2

1900m

12.45pm Start

**JUNIORS, SENIORS
AND MASTERS**

**ALL BOAT CLASSES
EXCEPT 8+**

DIVISION 3

5000m

2.45pm Start

OPEN: 4+, 4-, 2-, 1x

WOMEN: 8+, 4x, 2x

MIXED: 4+, 4-, 2x

MAS: 8+, 4x, 2x

WMAS: 4+, 4-, 2-, 1x

MAS MIX: 8+, 4x

JUNIOR: 8+, 4x, 2x

WJUNIOR: 4+, 4-, 2-, 1x

**Entries and payments by BROE, £15 per seat
British Rowing Day Tickets available for this event**

**We welcome Adaptive and Para entries - please email for further
details regarding these events**

**Masters handicaps will be applied as per British Rowing rules.
Age categories may be combined in a single event to ensure
competitive racing.**

**Prizes awarded to winners of all events
with 3 or more entries on the final draw**

For all enquiries please contact Sarah Lister (Event Secretary)

Tel: 07881 911800 Email: listie@hotmail.co.uk

www.norwichrowingclub.com

The draw will take place on 16th February 2025.