

## Division 1

10:15am Start

OPEN: 8+, 4x, 2x  
WOMEN: 4+, 4-, 2-, 1x  
MIXED: 8+, 4x  
WMAS: 8+, 4x, 2x  
MAS: 4+, 4-, 2-, 1x  
MAS MIX: 4+, 4-, 2x  
JUNIOR: 4+, 4-, 2-, 1x  
WJUN: 8+, 8x+, 4x, 2x

5000m

Riverscourt to Whitlingham Green

## Division 2

12:45pm Start

JUNIORS, SENIORS  
AND MASTERS

ALL BOAT CATEGORIES  
EXCEPT 8+

1900m

Colmans Rail Bridge to down-  
stream end of 'The Cut'

## Division 3

2:45pm Start

OPEN: 4+, 4-, 2-, 1x  
WOMEN: 8+, 4x, 2x  
MIXED: 4+, 4-, 2x  
WMAS: 4+, 4-, 2-, 1x  
MAS: 8+, 4x, 2x  
MAS MIX: 8+, 4x  
JUNIOR: 8+, 8x+, 4x, 2x  
WJUNIOR: 4+, 4-, 2-, 1x

5000m

Riverscourt to Whitlingham Green

# Norwich Head 2023

*River Yare, Norwich.*

*Organised by Norwich Rowing Club.*

## Saturday 25<sup>th</sup> February

*Held Under British Rowing Rules of Rowing & Racing  
and RowSafe.*

Entries by BROE only.

**£12 per seat** - payment preferred by  
BROE but BACS also accepted.

The Bullards Cup will be awarded to the fastest Junior Single Sculler racing the long course (Division 1 or 3). Trophies are also awarded to the fastest male and female 8+ (raw time).

A prize will be awarded to a winning crew for an event with at least 3 competing entries. The committee reserves the right to move junior competitors up an age category as per BR rules. Masters Handicaps will be applied as per British Rowing rules. Up to 3 consecutive Masters age categories may be grouped together for a single event although more may be possible on request.

### Entries close 6pm on Saturday 18<sup>th</sup> February

The draw will take place on Sunday 19<sup>th</sup> February  
at 6:30pm at Whitlingham Boathouse.

For all enquiries please contact  
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[www.norwichrowingclub.com](http://www.norwichrowingclub.com)

