

CARROW CUP ROWING FESTIVAL Sat 6th Dec 2025

One of the Oldest Events in the Country, also with Traditional Boats.
The historic Carrow Cup is awarded to the fastest Coxed four in any category.
The event is for small boats and is not run under British Rowing rules.

★ **Award for Most Festive Crew and Boat** ★

Division 1 (Short) 9:30am - Carrow Railway Bridge to Broadland

Open, Women's & Junior's, novice or less experienced cox's;
all boat types for less experienced crews



Division 1 (Long) 9:45am - Pulls Ferry to Broadland

Open/Mixed Coxed Fours; Women's Quads (coxed & coxless); Open/Mixed
Double Sculls

Division 2 (Long) 11:30am for traditional craft, under handicap times - Pulls Ferry to Broadland

Traditional boats (only boats with fixed seats and no outriggers are eligible for prizes)



Division 3 (Long) 1:30pm - Pulls Ferry to Broadland

Women's Coxed Fours; Open/Mixed Quads (coxed & coxless); Women's Doubles

Entries close at Midnight, Weds 26th Nov

Enquiries and entries (on the forms on NRC website) to carrowcup@yahoo.com
Katherine Trehane 07969 026007

Payment in advance please - by Weds 3rd Dec

£12 per rowing seat (no fee for coxes). Payment details on entry form.

ELF AND SAFETY: Please ensure your fancy dress is safe to row in (could you swim if you capsized?) and boat adornments are securely fastened. NRC scrooges will ask you to remove any unsafe items. No fleecy onesies!

BONUS PRIZE for the most sustainable fancy dress (home-made, recycled or reused)

